



January 2018

Our Lady Of Mount Carmel Grades 1st-8th Lunch Menu

Contact Us:

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Happy New Year! School Closed	School Closed	3 Buttered Pierogis <u>Side:</u> Kernel Corn	4 Chicken Nuggets W/Dip <u>Side:</u> Baked Fries	5 Cheese Pizza Sticks <u>Side:</u> Orange Glazed Carrots
8 French Toast Sticks W/ Chicken Sausage <u>Side:</u> Tater Tots	9 Cheesy Pasta Bake <u>Side:</u> Dinner Roll <u>Salad Bar Meal Deal: \$4.00</u>	10 Popcorn Chicken W/ Dip <u>Side:</u> Kernel Corn <u>Salad Bar Meal Deal \$4.00</u>	11 Chicken Nachos Supreme <u>Side:</u> Apple Slices	12 No Lunch Service
15 No School Martin Luther King Jr. Day	16 Macaroni & Cheese <u>Side:</u> Green Beans <u>Salad Bar Meal Deal: \$4.00</u>	17 National Hot Dog Day! Chili Cheese or Plain Hot Dog <u>Side:</u> Kernel Corn <u>Salad Bar Meal Deal:</u>	17 Chicken Tenders <u>Side:</u> Campfire Beans	18 Boardwalk Pizza <u>Side:</u> Side Salad
22 Pancakes W/ Bacon <u>Side:</u> Yogurt Cup	23 Rotini Pasta W/ Meatballs <u>Side:</u> Apple Slices <u>Salad Bar Meal Deal: \$4.00</u>	24 Walking Tacos <u>Side:</u> Kernel Corn <u>Salad Bar Meal Deal: \$4.00</u>	25 Grilled Cheese W/ Goldfish Crackers <u>Side:</u> Tomato Soup	26 Chicken Nuggets W/ Dip <u>Side:</u> Baked Fries
29 French Toast Sticks W/ Chicken Sausage <u>Side:</u> Tater Tots	30 Southwest Meatloaf <u>Side:</u> Mashed Potatoes <u>Salad Bar Meal Deal: \$4.00</u>	31 Meatball Pizza Sub <u>Side:</u> Baby Carrots <u>Salad Bar Meal Deal: \$4.00</u>	Try our salad bar offered every Tuesday & Wednesday *See Below for Details	

Meal Deal: Menu item with side and a small drink: \$4.00

A la Carte and Sides Provided Daily

Cheese Pizza \$2.25	Side Salad \$2.25	Capri Sun \$1.00
Topped Pizza \$2.75	Fruit Side \$0.80-\$1.40	Sm/Lg Water \$0.80/\$1.00
Cheeseburger \$3.00	Veggie & Dip \$2.25	Sm/Lg Milk \$1.10/\$2.00
Chicken Patty \$3.00	Bagel W/ CC \$ 1.55	Wawa \$0.85-\$1.85
Hot Dog \$1.95	Pudding Parfait \$ 1.25	Ice Cream \$1.15-\$2.00
Entrée Salad: \$4.00	Yogurt Cup \$1.25	Cookies \$0.45

Salad Bar Options, lettuce included

Small Salad: Pick 3 veggie toppings: \$2.25
Entrée Salad: Pick 1 Protein Cup + 3 Veggies: \$4.00

Protein: Grilled Chicken, Cheese Cubes, Chick Peas
Salad Toppings: Carrots, Cucumbers, Peppers, Celery, Broccoli, Onions, Tomato,

Additional Protein Cup...\$1.00

Additional Veggie Topping.....\$0.50

Additional Dressing Pkt.....\$0.60, (First pkt included)

Entrée Salad or Combo Prices include: small drink & side

***All Menu Items are subject to change daily and without notice.**

