

**OUR LADY OF MOUNT CARMEL  
SCHOOL**

**225 East Ashland Street  
Doylestown, PA**

**SCHOOL  
HEALTH  
SERVICES**

## Health Services

A Certified School Nurse from the Central Bucks School District is assigned to Our Lady of Mt Carmel School 1 day per week. The school nurse maintains student health records, performs state-required health screenings, administers doctor-prescribed medications, performs nursing procedures, responds to school illnesses and accidents, assists physicians and dentists with school examinations, provides health counseling and referrals, conducts health-related classroom instruction and serves as parent and classroom consultant in health-related matters.

When the certified school nurse is out of the building, the health room is staffed by a nurse employed by OLMC School who is familiar with first aid and emergency procedures and coordinates care with the Certified School Nurse.

## Required Immunizations

The following immunizations must be on record before your child can be admitted to school. Medical exemptions to these requirements can be explained by the school nurse. The Diocese of Philadelphia does not recognize religious exemptions to immunizations.

1. **Diphtheria and Tetanus (DT):** Four or more doses of vaccine, one of which must be given at age 4 or older.
2. **Polio:** Three properly spaced doses of vaccine.
3. **Measles, Mumps and Rubella:** Two doses of vaccine, the first one given at twelve months of age or older.
4. **Hepatitis B:** Three properly spaced doses of the vaccine.
5. **Varicella (Chicken Pox):** Two doses of the vaccine, the first vaccination given at age 12 months or older or proof of the disease (month and year at which disease was contracted).

In addition, students entering Grade 7 need the following vaccines:

1. One dose of **Tetanus, Diphtheria, acellular Pertussis (Tdap).**
2. One dose of **Meningococcal conjugate vaccine (MCV).**

A child may be admitted to school if there is documentation that one dose of each of the above immunizations has been given. State law requires that immunization must be completed within eight months of school entry or the student can not be permitted to continue in school.

## Required Health Examinations

Pennsylvania mandates the following examinations at the indicated times:

<b>Physical</b>	School entry, Grades 6 and 11
<b>Dental</b>	School entry, grades 3 and 7
<b>Hearing</b>	School entry, grades 1,2,3,7, and 11 (Children with hearing problems may be checked annually)
<b>Vision</b>	All grades
<b>Height, Weight, BMI</b>	All grades
<b>Scoliosis</b>	Grades 6 and 7

Parents are urged to have physical and dental examinations completed by their family physician and dentist and submit the reports to the health office prior to **October 15<sup>th</sup>** of the year they are due. Exams performed after **September 1<sup>st</sup>** of the prior calendar year are accepted.

## Communicable Diseases

You must contact the health office if your child contracts a communicable disease. Children are excluded from school for the common diseases listed below:

**Chicken Pox:** Excluded until at least 6 days after the last outbreak of “pox”.

**Acute Conjunctivitis (Pink Eye):** Excluded until prescribed treatment has been given for 24 hours.

**Head Lice:** Excluded until treated with pediculocide shampoo and combed for nit removal. A parent is required to accompany the student to the health office with the shampoo box for a recheck after treatment, before the student is readmitted to class.

**Impetigo:** Excluded until judged non-infective by the child’s physician or school nurse.

**Measles:** Excluded until four days from onset of rash.

**Mumps:** Excluded nine days from the onset or until swelling subsides.

**Pertussis (Whooping Cough):** Excluded four weeks from onset or seven days from start of antibiotic treatment.

## **Communicable Diseases (continued)**

**Ringworm:** Excluded until judged non-infective by the child's physician or school nurse.

**Rubella (German measles):** Excluded four days from the onset of rash.

**Scabies:** Excluded until determined to be non-infective by the child's physician or school nurse.

**Strep Throat and Scarlet Fever:** Excluded until 24 hours after treatment is begun.

In addition, Our Lady of Mount Carmel School reserves the right to exclude children from school based on the following criteria:

- Illness that prevents the child from participating in activities
- Fever (100.4° or higher). **Students may not return to school until free of fever without fever reducing medication for 24 hours.**
- Diarrhea or vomiting during the previous 24 hours. **Student may not return to school until appetite has returned to normal.**
- Rash with a fever.
- Other conditions deemed appropriate after assessment by the certified school nurse and/or staff nurse.

## **Medication Policy**

All medications, whether prescription or over-the-counter, must be kept in the health office. Medications must be sent to school in the original labeled container and must be accompanied by a Medication Dispensing Form signed by both the physician (or dentist) and the parent. These forms are available in the health office or on the school website.

Parental permission may be given for the nurse to administer Acetaminophen and Ibuprofen by signing the appropriate place on the back of the emergency cards distributed each September. In addition, non-prescription medications such as cough drops, throat spray, antacid tablets and antibiotic ointment are available for administration in the health room.

All controlled medications must be hand-delivered to the school nurse or principal's designee by a parent or guardian at which time it will be counted and signed for. Some examples of controlled medications include, but are not limited to Ritalin, Concerta, Dexedrine, Adderall and Ativan.